

MAY 2009 - MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Sausage Biscuit Orange Slice or Whole Grain Cereal/Toast
				Hot Dog (Sauce/Plain) Oven Fries Carrots/Celery Stick Strawberries (1/4 cup)
4 Scrambled Egg/Whole Wheat Toast or Whole Grain Cereal/Whole Wheat Toast Raisins	5 Gravy Biscuit Stewed Apples or Whole Grain Cereal/Whole Wheat Toast	6 Waffle Sticks Strawberries or Whole Grain Cereal/Whole Wheat Toast	7 Breakfast Pizza ½ Banana or Whole Grain Cereal/Whole Wheat Toast	8 Breakfast Pastry (Choice) Fruit Salad or Whole Grain Cereal/Whole Wheat Toast
Chicken Strips Macaroni And Cheese Green Beans (1/4 cup)	Sliced Roast Beef Mashed Potatoes Steamed Vegetable Blend (1/4 cup) Whole Wheat Hot Roll	Tacos/Soft Spanish Rice (1/4 cup) Refried Beans (1/4 cup)	Turkey Sliced/Gravy Mashed Potatoes Steamed Peas (1/4 cup) Whole Wheat Hot Roll	Hamburger/Whole Wheat Bun Oven Fries Baked Beans (1/4 cup)
11 Sausage Biscuit Applesauce or Whole Grain Cereal/Whole Wheat Toast	12 French Toast/Syrup Orange Slice or Whole Grain Cereal/Whole Wheat Toast	13 Blueberry Muffin Fruit Cup or Whole Grain Cereal/Whole Wheat Toast	14 Egg Sandwich/Whole Wheat Toast Chilled Pears or Whole Grain Cereal/Whole Wheat Toast	15 Whole Wheat Cinnamon Roll ½ Banana or Whole Grain Cereal/Whole Wheat Toast
Ham Sandwich Chips	Spaghetti Tossed Salad (1/4 cup) Applesauce (1/2 cup) Whole Wheat Hot Roll	Chicken Breast Sandwich/Whole Wheat Bun Oven Rounds Peach Slices (1/4 cup)	Baked Steak/Gravy Mashed Potatoes Chilled Pears (1/4 cup) Whole Wheat Hot Roll	Pizza (Choice) Corn on Cob Watermelon (1/2 cup)
18 Whole Grain Pancake/Syrup or Whole Grain Cereal/Whole Wheat Toast	19 Hard Boiled Egg Whole Wheat Toast Applesauce or Whole Grain Cereal/Whole Wheat Toast	20 Gravy Biscuit Stewed Apples or Whole Grain Cereal/Whole Wheat Toast	21 Bagel – Yogurt or Whole Grain Cereal/Whole Wheat Toast	22 Carrot Cake Muffin Orange Slices or Whole Grain Cereal/Whole Wheat Toast
Hot Dogs (Plain/Sauce) Oven Fries Honey Dew Melon (1/4 cup)	Chicken Drums Mashed Potatoes/Gravy Green Beans (1/4 cup) Whole Wheat Hot Roll	Steak Hoagie/Whole Wheat Bun Sweet Potato Fries Baked Beans (1/4 cup)	Lasagna Tossed Salad (1/4 cup) Applesauce (1/2 cup) Whole Wheat Hot Roll	Chicken Nuggets Oven Fries Broccoli Salad (1/8 cup) Raisins
25 MEMORIAL DAY NO SCHOOL	26 Scramble Egg/Whole Wheat Toast or Whole Grain Cereal/Whole Wheat Toast	27 Whole Wheat Cinnamon Roll Orange Slices or Whole Grain Cereal/Whole Wheat Toast	28 Breakfast Pizza ½ Banana or Whole Grain Cereal/Whole Wheat Toast	29 Waffle Sticks Strawberries or Whole Grain Cereal/Whole Wheat Toast
	Turkey/Gravy Mashed Potatoes Green Beans (1/8 cup) Whole Wheat Hot Roll	Taco/Soft Black Beans (1/4 cup) Rice Chilled Fruit Cup	Chicken Fingers Baked Potato Fresh Cantaloupe (1/4 cup) Birthday Cake	Pizza Bread Steamed Corn Vegetable Sticks (1/4 cup)

LUNCH: Fruit/Vegetable Bar, Whole Wheat Bread, Milk. **BREAKFAST:** Juice and Milk daily. This institution is an equal opportunity provider.