

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Carrot Muffin or Whole Grain Cereal/Whole Wheat Toast Raisins Milk/Juice</p>	<p>3 Scrambled Egg/Whole Wheat Toast or Whole Grain Cereal Fruit Cup Milk/Juice</p>	<p>4 Breakfast Pizza or Whole Grain Cereal/Whole Wheat Toast Banana Milk/Juice</p>	<p>5 Sausage Biscuit or Whole Grain Cereal/Whole Wheat Toast Orange Slice Milk/Juice</p>	<p>6 Whole Wheat Cinnamon Roll or Whole Grain Cereal/Whole Wheat Toast Peach Cup Milk/Juice</p>
<p>Breaded Chicken Patty on Whole Wheat Bun Baked Fries Fresh Vegetables/Fruit</p>	<p>Chili Grilled Cheese on Whole Wheat Bread Blueberry Crisp Fresh Fruit/Vegetables</p>	<p>Chicken Fajitas Lettuce/Tomato/Cheese Mexicali Corn Spanish Rice Fresh Fruit</p>	<p>Spaghetti/Sauce Tossed Salad Whole Wheat Hot Roll Applesauce</p>	<p>Hot Dog/Sauce Baked Fries Baked Beans Cole Slaw Fresh Fruit/Vegetables</p>
<p>9 Oatmeal or Whole Grain Cereal /Whole Wheat Toast Banana Milk/Juice</p>	<p>10 Low Fat Biscuit/Gravy or Whole Grain Cereal/Whole Wheat Toast Stewed Apples Milk/Juice</p>	<p>11 Hard Boiled Egg/Whole Wheat Toast or Whole Grain Cereal/Whole Wheat Toast Applesauce Milk/Juice</p>	<p>12 Sausage/Low Fat Biscuit or Whole Grain Cereal/Whole Wheat Toast Orange Slice Milk/Juice</p>	<p>13 Breakfast Pizza or Whole Grain Cereal/Whole Wheat Toast Fruit Cup Milk/Juice</p>
<p>Sub Sandwich or Whole Wheat Bun Baked Fries Fresh Fruit/Vegetables</p>	<p>Chicken Strips Baked Potato Fruit Salad/Veggies</p>	<p>Tacos Lettuce/Tomato/Cheese Black Beans/Rice Fresh Fruit/Vegetables</p>	<p>Sliced Turkey/Gravy Mashed Potatoes Green Beans Whole Wheat Roll Peach Cup</p>	<p>Steak Hoagie Lettuce/Tomato Baked Potato Rounds Fresh Fruit/Vegetables</p>
<p>16 Low Fat Biscuit/Canadian Bacon or Whole Grain Cereal/Whole Wheat Toast Stewed Apples Milk/Juice</p>	<p>17 Oatmeal Muffin or Whole Grain Cereal/Whole Wheat Toast Raisins Milk/Juice</p>	<p>18 Egg Patty/Whole Grain English Muffin or Whole Grain Cereal/Whole Wheat Toast Apple Slices Milk/Juice</p>	<p>19 Cream of Wheat or Whole Grain Cereal Whole Wheat Toast Peach Cup Milk/Juice</p>	<p>20 Whole Grain Waffle/Syrup Strawberries or Whole Grain Cereal/Whole Wheat Toast Milk/Juice</p>
<p>Grilled Chicken on Whole Wheat Bun Baked Potato Rounds Fresh Fruit/Vegetables</p>	<p>Spaghetti/Sauce Tossed Salad Whole Wheat Roll Applesauce</p>	<p>Vegetable Soup Grilled Cheese on Whole Wheat Bread Fresh Fruit/Vegetable Oatmeal Cookie</p>	<p>Whole Grain Cheese Pizza Steamed Corn Raw Veggies</p>	<p>School's Choice</p>
<p>23 Oatmeal/Whole Wheat Toast or Whole Grain Cereal/Whole Wheat Toast Raisins Milk/Juice</p>	<p>24 Bagel Yogurt or Whole Grain Cereal/Whole Wheat Toast Peach Cup Milk/Juice</p>	<p>25 Pancake/Syrup or Whole Grain Cereal/Whole Wheat Toast Strawberries Milk/Juice</p>	<p>26 Low Fat Biscuit/Gravy or Whole Grain Cereal/Whole Wheat Toast Stewed Apples Milk/Juice</p>	<p>27 Whole Wheat Cinnamon Roll or Whole Grain Cereal/Whole Wheat Toast Applesauce Milk/Juice</p>
<p>Hamburger on Whole Wheat Bun Baked Fries Lettuce/Tomato Fresh Fruit/Vegetables</p>	<p>Chicken Nuggets Macaroni and Cheese Whole Wheat Bread Stick Fresh Fruit/Vegetables</p>	<p>Shrimp Poppers Baked Fries Corn Muffin Orange slices Fresh Vegetables</p>	<p>Baked Steak Mashed Potatoes Green Beans Whole Wheat Roll Fresh Fruit/Vegetables</p>	<p>Pizza Corn on Cob Fresh Fruit/Vegetables</p>

<p>30</p> <p>Scrambled Egg/Cheese (2) Whole Wheat Tortilla or Whole Grain Cereal/Whole Wheat Toast Orange Slices Milk/Juice</p>	<p>31</p> <p>Carrot Muffin or Whole Grain Cereal/Whole Wheat Toast Peach Cup Milk/Juice</p>	
<p>Chili Chips/Cheese Baked Potato Fresh Vegetables/Fruit</p>	<p>Chicken Drums Mashed Potatoes Steamed Peas Whole Wheat Roll</p>	

DAILY CHOICES: BREAKFAST: Bagels, Cereal/Toast, Assorted Juice, Milk and Fresh Fruit

LUNCH: Fruit/Vegetable Bar, Whole Wheat Bread. This institution is an equal opportunity provider.